

**MINUTES FOR THE REGULAR MEETING
OF THE LA MIRADA SENIOR COUNCIL
FEBRUARY 26, 2020**

CALL TO ORDER The meeting of the La Mirada Senior Council was called to order at 10 a.m. by Lisa Montoya at the La Mirada Activity Center, Community Room 1, 13810 La Mirada Boulevard, La Mirada, California 90638.

PLEDGE OF ALLEGIANCE The Pledge of Allegiance was recited.

ROLL CALL

Present: Member Jeanette Jenkins
Member Larry McCollum
Member Tom Rosholt
Member Aracely Ruiz
Member Eugena Thomas
Member Larry Torres
Member Martha Viayra
Vice Chairperson Diane Albert
Chairperson Peggy Roman

Staff: Leticia Revilla, Assistant City Clerk
Lisa Montoya, Community Services Supervisor
Amanda Watson, Community Services Intern
Micaela Diores, Community Services Secretary

PUBLIC COMMENT

La Mirada resident Marlene Olsen reported on the La Mirada Vista's Valentine's Day potluck and Project Hands, a handmade quilt program for the homeless in the community. She said all facility and program information distributed at the La Mirada Vistas are available in English, Spanish, and Korean. Mrs. Olsen also reported on recent events at Lake Park, including a Valentine's Day event and an Out to Dinner excursion.

APPROVAL OF MINUTES

1. MINUTES OF THE REGULAR MEETING OF JANUARY 22, 2019

Member Rosholt moved and Member Viayra seconded to approve the minutes of the January 22 Senior Council meeting.

MOTION CARRIED BY THE FOLLOWING ROLL CALL VOTE:

AYES: Members Jenkins, McCollum, Rosholt, Ruiz, Thomas, Torres, Viayra,
Vice Chairperson Albert, Chairperson Roman
NOES: None
ABSENT: None
ABSTAIN: None

UNFINISHED BUSINESS

2. SENIOR COMMUNITY EVENTS UPDATE

Member Viayra reported on Breezewood Village's monthly activities, including Bingo on Tuesdays and Chair Yoga on Thursdays.

Chairperson Roman provided staff with the La Mirada Landmark Gazette.

Member Thomas reported on Somerset Glen's regular monthly activities.

Member Jenkins reported on The Palms' Valentine's Day event and the excursion to the Nixon Library on February 26.

Member McCollum reported on the Valentine's Day celebration held at Vista Alicante.

Member Albert commended the City for its Military Banner Recognition program.

Member Torres distributed information regarding the SeniorNet program and its membership registration on March 27. Member Torres reported on the importance of fall risk assessments and recommended a balance and mobility workshop be offered at the Activity Center. He also reported on the Veterans History Project's discussions and the need for additional class advertisement.

Member Rosholt recommended that the Activity Center's health and wellness workshops be scheduled to not conflict with the facility's regular classes in order to increase attendance. He stated the need for a fall prevention workshop and provided information regarding the many dangers of vaping.

Member Ruiz reported on the ongoing pavement maintenance project in her neighborhood and the La Mirada Ebell Club meeting with guest speaker Millie Grisham. She distributed flyers provided by Biola University's Ask a Nurse program regarding fall prevention.

3. COMMUNITY SERVICES EVENTS AND PROGRAMS UPDATE

Community Services Supervisor Lisa Montoya reported on several workshops and programs to be held in March at the Activity Center, including Introduction to La Mirada Transit provided by La Mirada Transit, How to Register for La Mirada Classes Online provided by the Community Services Department, and How Hearing Affects Your Health provided by the Miracle Ear of Whittier.

4. MONTHLY VOLUNTEER UPDATE

Chairperson Roman stated the importance of reporting volunteer hours for the Senior Council.

NEW BUSINESS

5. OLDER AMERICANS MONTH

Community Services Supervisor Montoya reported the month of May would be proclaimed as Older Americans Month in La Mirada. She encouraged members of the Senior Council to provide recommendations for a special event to be held at the Activity Center that honors seniors and promotes successful aging.

Member Viayra suggested arts and crafts be included in the celebration.

Chairman Roman suggested a special event that allows for positive and open discussions between seniors regarding successful aging, followed by a reception. She recommended Dr. Elijah Levy be approached as a potential guest speaker.

Member Torres recommended that a rock and roll theme, photo booth, games, prizes, guest speakers, and demonstrations by class instructors be incorporated into the event. He suggested the event be widely promoted and invitations be sent to the La Mirada City Council, Community Services Commission, Historical Preservation Advisory Council, and senior housing communities.

Member Ruiz recommended a casual event that allows for easy conversations between seniors.

Member Thomas recommended a bilingual guest speaker.

Member Rosholt reported the event would be a great way to advertise the City's ongoing programs geared towards seniors.

6. SPRING BEAUTIFICATION

Community Services Supervisor Montoya introduced Community Services Technician Amanda Watson.

Community Services Technician Watson reported on the annual Spring Beautification program and stated La Mirada neighborhoods would be canvassed by volunteer judges beginning March 30 through April 10. She said Senior Council Members interested in serving as a volunteer judge may inform City staff and that judging binders would be distributed beginning March 30 at the La Mirada Resource Center.

Chairman Roman commended the City for its Spring Beautification program.

DISCUSSION ITEM

7. UPDATE ON MODIFICATIONS TO VOTING PROCEDURES

Community Services Supervisor Montoya introduced Assistant City Clerk Leticia Revilla.

Assistant City Clerk Revilla reported on the Voting Solutions for All People (VSAP) system adopted by Los Angeles County to increase accessibility and convenience for all voters. She presented a video that discussed the new equipment and modifications to the voting procedures.

Member Ruiz inquired about the City's voting centers.

Mrs. Revilla stated that beginning February 22 through March 3, Los Angeles County residents may vote at any of the County's designated voting centers, including La Mirada City Hall, La Mirada Library, and the Carriage Barn located at the Neff Estate. She said the La Mirada Library would also serve as a drop off location for vote-by-mail voters.

The Senior Council thanked Assistant City Clerk Revilla for the presentation.

MEMBER ANNOUNCEMENTS

Member Roman reported the quarterly Volunteers in Action report, Concerts under the Stars series, and the Father Daughter Dance were discussed at the Community Services Commission meeting on February 5.

Member Rosholt stated the importance of safety precautions when meeting an online seller in-person and recommended meeting at public places.

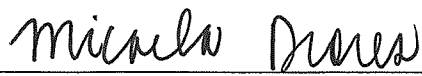
STAFF ANNOUNCEMENTS

Community Services Supervisor Montoya thanked the Senior Council for serving as volunteer judges for the Love a Tree poster contest.

ADJOURNMENT

The meeting adjourned at 11:18 a.m.

Submitted:



Micaela Diores
Community Services Secretary

Attest:



Peggy Roman
Chairperson