# MINUTES FOR THE REGULAR MEETING OF THE LA MIRADA SENIOR COUNCIL JANUARY 22, 2020

CALL TO ORDER The meeting of the La Mirada Senior Council was

called to order at 10 a.m. by Lisa Montoya at the La Mirada Activity Center, Community Room 1, 13810 La Mirada Boulevard, La Mirada, California 90638.

PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was recited.

**ROLL CALL** 

Present: Member Jeanette Jenkins

Member Larry McCollum Member Tom Rosholt Member Aracely Ruiz Member Eugena Thomas Member Larry Torres Member Martha Viayra

Vice Chairperson Diane Albert Chairperson Peggy Roman

Staff:

Lisa Montoya, Community Services Supervisor Micaela Diores, Community Services Secretary

### APPROVAL OF MINUTES

## 1. MINUTES OF THE SPECIAL MEETING OF NOVEMBER 20, 2019

Member Jenkins moved and Member Viayra seconded to approve the minutes of the November 20, 2019 Senior Council meeting.

#### MOTION CARRIED BY THE FOLLOWING ROLL CALL VOTE:

AYES:

Members Jenkins, McCollum, Rosholt, Thomas, Torres, Viayra, Vice

Chairperson Albert, Chairperson Roman

NOES:

None

ABSENT:

None

ABSTAIN:

Member Ruiz

### **UNFINISHED BUSINESS**

#### 2. SENIOR COMMUNITY EVENTS UPDATE

Member Viayra stated facility renovations at Breezewood Village were recently completed. She reported on monthly activities, including Bingo on Tuesdays, Chair

Yoga on Thursdays, and Interfaith Food Center's mobile food pantry visit on February 26.

Chairperson Roman reported on La Mirada Landmark's upcoming casino trip in February and said it was open to the public.

Member Thomas reported on Somerset Glen's monthly activities, including Bingo on Mondays, arts and crafts on Wednesdays, and a breakfast social on January 29.

Member Jenkins of The Palms reported on several activities, including a celebration of Elvis Presley's birthday and live entertainment by a resident musician during the facility's happy hour. She said Bingo and craft workshops were also regularly held during the week.

Member McCollum of Vista Alicante reported on the holiday celebration held in December and plans for a Valentine's Day event in February.

Member Albert stated she was pleased with the progress of the City's median landscape project.

Member Torres reported on the Candidates Forum for the La Mirada City Council election on January 23 and the Lou Piltz Memorial Spaghetti Dinner, benefitting Meals on Wheels La Mirada, on January 24. He stated the Veterans History Project resumed on January 17 and that SeniorNet's "How to Scan" workshop would be held on February 27.

Member Rosholt commended staff for the Holiday Toy and Food Drive collection during the Chili Holiday Celebration on December 7. He said he attended La Mirada Councilmember Ed Eng's official campaign breakfast on January 18. Member Rosholt reported on the health and wellness workshops held at the Activity Center and recommended workshops be advertised with clear descriptions to decrease misinterpretations by the public.

Community Services Supervisor Lisa Montoya responded and said flyers listing workshop dates and descriptions would soon be available for patrons.

Member Ruiz reported on an attempted mail theft incident at her residence and a home burglary in her neighborhood in December. She stated the importance of not advertising vacations to the public or on social media.

#### 3. COMMUNITY SERVICES EVENTS AND PROGRAMS UPDATE

Community Services Supervisor Montoya reported on several workshops and programs to be held at the Activity Center, including "Healthy Living for your Brain and Body" provided by the Alzheimer's Association and "Lung Disease and Dangers of Cigarette Use" provided by the American Lung Association.

## 4. MONTHLY VOLUNTEER UPDATE

Chairperson Roman stated the importance of reporting volunteer hours for the Senior Council.

### 5. SENIOR COUNCIL BROCHURE

Community Services Supervisor Montoya reported on the Senior Council brochure. She said the Senior Council's recommended edits would be incorporated in to the revised brochure and presented at a future meeting. Mrs. Montoya recommended new photos of the Senior Council be taken for inclusion in the brochure.

# 6. OLDER AMERICANS RECOGNITION

Community Services Supervisor Montoya reported on the Los Angeles County Commission on Aging's annual Older Americans Recognition Day Awards program and encouraged additional nominations from the Senior Council. She said the awards ceremony would be held in May 2020.

Member Torres inquired of plans to celebrate Older Americans Month in the City of La Mirada.

Community Services Supervisor Montoya responded and said the item would be discussed during the regular meeting on February 26. She encouraged the Senior Council to provide recommendations for ways to celebrate Older Americans Month at the Activity Center.

### **NEW BUSINESS**

### 7. AARP TAX ASSISTANCE PROGRAM

Community Services Supervisor Montoya reported on the annual American Association of Retired Persons (AARP) Tax Assistance Program. She said the program would take place at the La Mirada Resource Center, beginning February 4 through April 15.

#### PUBLIC COMMENTS

La Mirada resident Marlene Olsen reported on recent incidents with the homeless at the Vista Alicante and Lake Park communities. She said regularly scheduled activities at both communities continue to take place.

Community Services Supervisor Montoya responded and said staff would provide her with the contact information of local service organizations that offer resources and assistance to the homeless. She recommended the contact information also be shared with the site managers at Vista Alicante and Lake Park.

## MEMBER ANNOUNCEMENTS

Member Jenkins commended staff for the silent wreath auction during the Chili Holiday Celebration on December 7.

Member Thomas reported on a past incident at Somerset Glen involving a break-in of the community's mailboxes. She stated the damaged mailboxes have yet to be fully repaired.

Community Services Supervisor Montoya responded and recommended that Member Thomas speak with the site manager to voice her safety concerns.

Member Roman reported on her involvement with the La Mirada Theatre of Performing Arts' history project.

## STAFF ANNOUNCEMENTS

Community Services Supervisor Montoya reported the Lou Piltz Memorial Spaghetti Dinner would take place on January 24 at the Activity Center

# <u>ADJOURNMENT</u>

The meeting adjourned at 11:05 a.m.

Submitted:

Micaela Diores

Community Services Secretary

Attest:

Peggy Roman

Chairperson