

**MINUTES FOR THE REGULAR MEETING  
OF THE LA MIRADA SENIOR COUNCIL  
SEPTEMBER 28, 2016**

**CALL TO ORDER**                      The regular meeting of the La Mirada Senior Council was called to order at 10:00 a.m. by Chairperson Tom Rosholt at the La Mirada Activity Center, Community Room 1, 13810 La Mirada Boulevard, La Mirada, California 90638.

**PLEDGE OF ALLEGIANCE**              The Pledge of Allegiance was recited.

**ROLL CALL**              Present:      Member Diane Albert  
   Member Mariann Hampton  
   Member Larry McCollum  
   Member Peggy Roman  
   Member Larry Torres  
   Alternate Member Lois Nelson  
   Chairperson Tom Rosholt

   Absent:      Member Jackie Holtzen  
   Vice Chairperson Martha Viayra

   Staff:        Lisa Montoya, Community Services Supervisor  
   Micaela Diores, Community Services Clerk Typist

**APPROVAL OF MINUTES**

**1.      MINUTES OF THE REGULAR MEETING OF SEPTEMBER 28, 2016**

**Member Roman moved and Member Hampton seconded to approve the amended minutes of the September 28, 2016 Senior Council meeting.**

**MOTION CARRIED BY THE FOLLOWING ROLL CALL VOTE:**

**AYES:              Members Albert, Hampton, McCollum, Roman, Torres, Chairperson Rosholt**

**NOES:              None**

**ABSENT:          Member Holtzen, Vice Chairperson Viayra**

**ABSTAIN:        None**

## **UNFINISHED BUSINESS**

### **2. SENIOR COMMUNITY EVENTS UPDATE**

Member Roman of La Mirada Landmark reported that the Fall Festival was rescheduled for October 29 from 9 a.m. to 3 p.m.

Member McCollum of Vista Alicante reported Bingo will be held on the last Wednesday of the month in addition to an arts and crafts workshop on the second and fourth Wednesday of the month.

Member Torres reported on the Digital Photography class provided by SeniorNet, SeniorNet registration, and the Veteran's History Project.

Member Albert attended the Senior Health Information and Safety Fair and reported on the benefits of the community event.

Member Hampton reported on the importance of health and wellness screenings for the senior community. She said The Hunchback of Notre Dame is currently showing at the La Mirada Theatre for the Performing Arts through October 9. She also said performances on Wednesday afternoons would be added to the schedule during the new season. She inquired about the next date for paper shredding in the community. Ms. Montoya responded and said that a free paper shredding, e-waste collection, and mulch event would take place on Saturday, October 15 from 9 a.m. to 12 p.m., located in the La Mirada Gymnasium parking lot.

Chairperson Rosholt said the free screenings and food demonstrations during the Senior Health Information and Safety Fair were well received by the community. He recommended additional tote bags from the participating agencies be provided, along with a layout for those in attendance.

### **3. COMMUNITY SERVICES EVENTS AND PROGRAMS UPDATE**

Ms. Montoya reported on several programs held at the La Mirada Activity Center for the month of October including the Birthday Celebration sponsored by Mirada Hills Rehabilitation Hospital and Fall Festival on October 13 at 11 a.m., a free dental screening on October 12 at 10 a.m., a workshop on "How to Use Facebook" provided by AGA, Inc. on October 20 at 10 a.m., and the annual Flu Clinic provided in partnership with the Los Angeles Department of Public Health on October 26 from 9 to 11 a.m.

### **4. MONTHLY VOLUNTEER UPDATE**

Ms. Montoya reported on the importance of recording hours for volunteer services.

## **NEW BUSINESS**

### **5. FALL FESTIVAL**

Ms. Montoya reported on the Fall Festival on October 13 from 10:30 a.m. to 12:30 p.m., located at the La Mirada Activity Center. She said the event, which includes line dancing, arts and crafts, games, live entertainment, light refreshments and cake, would be at no cost to the community, but that lunch was available for a nominal fee through Café on the Green. She added that transportation to and from the event would be available through La Mirada Transit. She encouraged members of the Senior Council to help publicize the event at their respective communities.

Members McCollum, Roman, Torres, and Chairperson Rosholt volunteered to assist with the Fall Festival.

### **6. ANNUAL FLU CLINIC**

Ms. Montoya reported on the annual Flu Clinic on October 26 from 9 to 11 a.m. at the La Mirada Activity Center. She said the free community event would be provided in partnership with the Los Angeles County Department of Public Health. She also said that flu vaccinations would be administered on a first-come first served basis.

Members Albert, Roman, and Chairperson Rosholt volunteered to assist with the annual Flu Clinic.

### **7. HALLOWEENFEST**

Ms. Montoya reported on Halloweenfest on Monday, October 31 from 4:30 to 8 p.m., located at the historic Neff Estate. She said festivities would include a costume contest, a haunted maze, a trick-or-treat area, games, and crafts. She also said tours of the Neff Mansion would be provided by the Historical Preservation Advisory Council and the City's historical timeline would be available for viewing at the George House during the event.

Members Albert and McCollum volunteered to represent the Senior Council during the event and requested to judge the costume contest.

## **PUBLIC COMMENT PERIOD**

Resident Marlene Olsen reported on senior activities held at the La Mirada Vistas including a community dinner on October 22, the Chair Chi class on Wednesdays and Thursdays at 10 a.m., a Bible Study class on Fridays at 2 p.m., and a Filipino church service on the last Saturday of the month. Ms. Olson also reported on senior activities held at La Mirada Lake Park including the sewing class on Thursdays from 1 to 3 p.m., game night on Mondays at 6:30 p.m., and billiards on Tuesdays and Thursdays at 1 p.m.

Ms. Olsen attended the 9/11 on September 11 at the Civic Center Plaza, All That Dance, and the Senior Health Information and Safety Fair. She reported on the Gala for a Cause presented by the La Mirada Community Foundation.

Ms. Olsen inquired about local drop off locations for expired medications. Ms. Montoya responded and said she would provide an update at the next meeting.

**MEMBER ANNOUNCEMENTS**

Member Hampton reported on the Young Americans holiday performances at the La Mirada Theatre for the Performing Arts on December 9 through December 18.

Member McCollum reported on the Veterans Observance Event on November 7 from 6 to 8 p.m. at the La Mirada Theatre for the Performing Arts. He inquired if the Department of Motor Vehicles (DMV) has a day specifically for seniors and if the DMV would provide a site visit to senior communities.

**STAFF ANNOUNCEMENTS**

Ms. Montoya reported on the first annual Gala for a Cause on October 14 at 7 p.m. at the La Mirada Theatre for the Performing Arts. She said the La Mirada Community Foundation event would benefit the Habitat for Humanity of Greater Los Angeles.

**ADJOURNMENT**

The meeting adjourned at 11:00 a.m.

Submitted:

  
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Micaela Diores, Clerk Typist

Attest:

  
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Tom Rosholt, Chairperson