



## **UNFINISHED BUSINESS**

### **2. SENIOR COMMUNITY EVENTS UPDATE**

Vice Chairperson Viayra of Breezewood Village reported on several events taking place in September including a flu clinic provided by Rite Aid on September 1 at 2 p.m., the monthly birthday celebration on September 22 at 2 p.m., and a health seminar provided by the National Council of Aging on September 29 at 2 p.m. She said Tour De Breezewood would take place on Mondays and Wednesdays at 7:30 a.m., and Bingo on Tuesdays at 2 p.m.

Member Roman of La Mirada Landmark reported on the community BBQ on September 11 at 5 p.m., and the Fall Festival on October 22 at 9 a.m. She encouraged members to advertise the Fall Festival at their respective senior communities.

Member McCollum reported the California Department of Housing and Community Development would visit Vista Alicante in September and that a craft class would take place for residents on the second and fourth Wednesday of the month.

Member Torres reported on the SeniorNet program, current events class, and Veteran's History Project held at the Activity Center. He said SeniorNet's Windows 10 workshop was well received by the community and that member registration would take place on September 9 from 9:30 to 11:30 a.m. He also commended the advertisement of the available transportation through La Mirada Transit during the Senior Health Information and Safety Fair on September 14.

### **3. COMMUNITY SERVICES EVENTS AND PROGRAMS UPDATE**

Ms. Montoya reported on several programs held at the La Mirada Activity Center for the month of September including the Birthday Celebration sponsored by Mirada Hills Rehabilitation Hospital on September 8 at 11 a.m., All That Dance on September 9 from 7 to 10 p.m., SeniorNet registration on September 9 from 9:30 to 11:30 a.m., an arts and crafts workshop provided by CareMore on September 29 at 10 a.m., the AARP full mature driving class on September 15 and 16 from 9 a.m. to 1p.m., and the AARP refresher course on Friday, September 9 from 9 a.m. to 2 p.m.

### **4. MONTHLY VOLUNTEER UPDATE**

Chairperson Rosholt commented on recording hours for volunteer services.

## **NEW BUSINESS**

### **5. ALL THAT DANCE**

Ms. Montoya reported on All That Dance on September 9 from 7 to 10 p.m., located at the La Mirada Activity Center. She said tickets were \$5 and available for purchase through pre-registration and that participants may also purchase tickets at the door. She added live entertainment would be provided by Jim Gilman and Associates and that it was sponsored by AGA, Inc.

Members Albert, Hampton, Vice Chairperson Viyra, and Chairperson Rosholt volunteered for All That Dance.

### **6. LA MIRADA SENIOR HEALTH INFORMATION AND SAFETY FAIR**

Ms. Montoya reported on the La Mirada Senior Health Information and Safety Fair on September 14 from 9 a.m. to 12 p.m. at the La Mirada Activity Center. She said the free community event would include health, wellness, and social service screenings and presentations. She also said food demonstrations and samples would be provided by Healthy I Am Holistic Nutrition and Wellness, Chopp'd, and Menchie's Frozen Yogurt.

Members Roman, Torres, Albert, Nelson, and Vice Chairperson Viyra volunteered to represent the Senior Council during the event.

## **PUBLIC COMMENT PERIOD**

Resident Marlene Olsen reported on senior activities held at the La Mirada Vistas including the Chair Chi class on Wednesdays and Thursdays at 10 a.m., and the Bible Study class on Fridays at 2 p.m. She said two residents celebrated their 90<sup>th</sup> birthday. Ms. Olsen also reported on senior activities held at La Mirada Lake Park including the sewing class on Thursdays from 1 to 3 p.m., game night on Mondays at 6:30 p.m., free coffee and donuts on Saturdays at 8 a.m., and "Dinner Out With Friends" at Jack's Whittier Restaurant on Thursday, September 27 at 5:30 p.m.

Ms. Olsen enjoyed the Concert Under the Stars series and encouraged senior communities to participate in the Neighborhood Watch program.

## **MEMBER ANNOUNCEMENTS**

Member Roman reported on a jury duty scam and inquired about the installation of fencing around the playground located near the La Mirada Gymnasium. Ms. Montoya responded and said she would give an update at an upcoming meeting.

Vice Chairperson Viyra reported on the new grocery store, Nomin Organics, located in the Steinmart Shopping Center.

Chairperson Rosholt inquired if the Pledge of Allegiance was recited during City events including the Concert Under the Stars series. He reported that Somerset Glen Senior Apartments was actively recruiting for a resident to represent the Senior Council and site manager Jenny Carmona would attend future meetings.

**STAFF ANNOUNCEMENTS**

Ms. Montoya reported on the Volunteer Recognition Concert at La Mirada Regional Park on August 25. She thanked the Senior Council for their continued support and assistance during City events.

**ADJOURNMENT**

The meeting adjourned at 11:00 a.m.

Submitted:

Attest:



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Micaela Diores, Clerk Typist



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Tom Rosholt, Chairperson